Resource: Pediatric Mild Traumatic Brain Injury (mTBI) Guideline

As part of the Centers for Disease Control and Prevention HEADS UP program, the Pediatric mTBI Guideline is a resource that provides critical information about recognizing and responding to mTBI, including concussions. The goal of the Guidelines is to help health care providers take action to improve the health of their patients. A review of 25 years of scientific literature formed the basis of the Guideline consisting of 19 sets of clinical recommendations that cover diagnosis, prognosis, and management and treatment.

The Maryland Department of Health (MDH) offers two additional resources related to traumatic brain injury (TBI):

- TBI Injury and Violence Prevention Regional Guide
- TBI Advisory Board Data on Violence Prevention

To access the Pediatric mTBI Guideline, click here. Learn more about the MDH resources related to TBI by visiting the MDH Prevention and Health Promotion Administration here.

Event: Current Status and Response to the Global Obesity Pandemic

According to the State Health Improvement Process (SHIP), obesity among adolescent Marylanders has steadily increased across all race/ethnicities between 2010 and 2016. Obesity increases risk for heart disease, stroke, and diabetes, among other chronic conditions. The Roundtable on Obesity will host a workshop to explore the current state of obesity globally, as well as global prevention and treatment efforts. The workshop will include perspectives on the implications of obesity for prevention and treatment efforts in the U.S. with an
emphasis on reducing disparities.

To register for this workshop, click here. To learn more about the SHIP measure on adolescent obesity, click here.

Webinar: Evidence-Informed Public Health – Resources for Students

Image: Text reads, "This is public health."

**Wednesday, Oct. 10**

Students in public health programs are expected to use the best available evidence in coursework, practicum placements, and upon entry into the public health workforce. The National Collaborating Centre for Methods and Tools will soon host a webinar titled, "Learn about Evidence-Informed Public Health." This webinar will feature an overview of the process for evidence-informed public health and a model for evidence-informed decision-making. Participants may attend this webinar on two separate dates:

- Wednesday, Oct. 10
- Thursday, Oct. 11

For more information and to register for this webinar, click here.

Event: 2018 Walk Maryland Day

Image: Two women walking outside.

**Wednesday, Oct. 10**

According to the SHIP, 53 percent of adult Marylanders participated in at least 150 minutes of physical activity per week in 2015. Physical activity is important to improve health and prevent chronic diseases like diabetes and stroke. Walking is a great way to increase physical activity and improve health. Walk Maryland Day is a celebration of the official state exercise – walking! This event is also a call to action to promote awareness about regular walking for physical activity and improving health for all Marylanders.

For more information about this event, click here. Learn more about the data on increasing physical activity by visiting the Maryland Department of Health (MDH) SHIP website here.

Event: Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) Health Conference
GLMA Health Professionals Advancing LGBT Equality will soon host its 36th annual conference on LGBTQ health. This year's theme will be "Mind, Body, Spirit, and Policy: Holistic Approaches to LGBTQ Health Care" and will highlight the integration of mental, physical, and behavioral health in LGBTQ communities. This conference will focus on comprehensive, team-based approaches to health care and research to ensure quality care for LGBTQ individuals.

For more information and to register for this conference, [click here](#).

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**Event: National Academy of Medicine Annual Meeting**

The number of cancer deaths (cancer mortality) was 157.4 per 100,000 Marylanders per year between 2014 and 2016. Cancer impacts people across all population groups; however, wide racial disparities exist. The National Academy of Medicine will soon host its annual meeting, and this year's theme is "Cancers: Can We Beat the Odds?" This conference will feature the latest research on the biology, policy, and prevention of cancer. Proposed topics to be discussed include:

- Precision prevention
- Genetic testing
- Obesity and cancer
- Resistance to treatment
- Economics of cancer care

For more information about this conference, [click here](#). To learn more about the latest data on Maryland's cancer mortality rate, [click here](#).

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**Event: Screening and Intervention for Loneliness and Social Isolation among Older Adults**

Loneliness and social isolation impact physical, psychological, social, and functional health in older adults. Registration is now open for the next Geriatrics and Gerontology Education and Research, University of Maryland, Baltimore (GGEAR) interdisciplinary continuing education and panel discussion titled,
"Loneliness and Social Isolation: Screening and Intervention – Critical for Older Adults." This half-day conference will examine how loneliness, social isolation, and depression impact health outcomes for older adults. Strategies and best practices to address these issues will also be discussed.

Registration is open until Monday, Oct. 8. Continuing education credits may also be available.

For more information about this conference, click here.

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**Event: Interdisciplinary Case Discussion – Supporting Older Adults in the Community**

The Eastern Shore Area Health Education Center (ESAHEC) will host a free interdisciplinary case discussion titled, "Working Together to Support Older Adults in the Community." This free event is sponsored by Geriatrics and Gerontology Education and Research Program (GGEAR), University of Maryland Baltimore, Johns Hopkins Geriatric Workforce Enhancement Program, and ESAHEC. Participants will hear from experts across multiple disciplines, and discuss how to meet the complex needs of an older adult in the community. Topics to be presented include:

- Trauma-informed care paradigm
- Depression and social isolation
- Community resources

Registration is open until Friday, Oct. 19. Space is limited. Continuing education credits may also be available.

For more information about this event, click here.

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