



# MARYLAND Department of Health

## Maryland SHIP Health Action Newsletter

Friday, March 8, 2019

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### Webinar: Health Outreach and Programming in Your Community



#### Monday, March 19

The National Network of Libraries of Medicine (NLM) will host a webinar on health program ideas, guides, and resources for libraries and community/faith-based organizations. Participants will learn how to integrate resources from the NLM and other reputable agencies to introduce community members to NLM resources in fun and engaging ways. Examples of programs for children, teens, adults and seniors using NLM and other National Institutes of Health center and office resources will also be shared.

For more information about this webinar, [click here](#).

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### Event: Resources for Caregivers in Service to Veterans



#### Thursday, March 21

Maryland's Suicide Prevention and Early Intervention Network (MDSPIN) will host a Lunch and Learn workshop on "*Resources for Caregivers in Service to our Men and Women Who've Served.*" This workshop will review resources for those who are caring for military service members and veterans. Topics will also include warning signs that a military service member or veteran may be in crisis. Resources to be discussed will include:

- Coaching into Care
- The Veterans Administration Caregiver Support Program
- State and non-profit resources

This event is free, but registration is required.

For more information and to register for this event, [click here](#). If you or someone you know is in crisis, [resources](#) are available 24/7 – By calling 211 and select option 1 or by texting your zip code to 898-211.

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## Webinar: Who's Leading the Leading Health Indicators - Tobacco



**Thursday, March 21**

According to the Centers for Disease Control and Prevention (CDC), tobacco use is the leading cause of preventable disease, disability, and death in the United States. Each year, nearly half a million American adults die prematurely of smoking or exposure to secondhand smoke. Preventing tobacco use and helping people who use tobacco to quit can improve health and quality of life for many Americans. This webinar will emphasize progress made toward achieving the Healthy People 2020 Tobacco Leading Indicators. Attendees will also learn about partnerships to reduce tobacco use and exposure.

For more information about this webinar, [click here](#). Learn about Maryland's stats on tobacco use among [adults here](#) and [adolescents here](#).

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## Event: 2019 Health Datapalooza



**Wednesday March 27 - Thursday, March 28**

The AcademyHealth will host the 2019 Health Datapalooza with the theme, "*Celebrating a Decade of Turning Information into Innovation.*" Health Datapalooza is an event for people and organizations to create knowledge from data and pioneer innovations that drive health policy and practice. As the challenges facing health and health care continue to evolve, this event will dig into the experience of turning information into innovation.

For more information about this event, [click here](#). Check out the promotional video below to learn more about Health Datapalooza.



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## Event: Public Health Research at Maryland Conference



## Tuesday, April 2

Registration is now open for the 2019 Public Health Research at Maryland Conference. This year's theme will be, "*Health and Well-Being for All: Working Together Across Sectors.*" This conference will bring together hundreds of participants to network and explore timely and critical public health topics. Sessions will explore strategies to advance health and well-being for all in Maryland and beyond. United States Surgeon General Dr. Jerome Adams will deliver the keynote address and lead a

town hall.

Poster submissions are being accepted until Monday, March 25.

For more information and to register for this conference, [click here](#).

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