



MARYLAND Department of Health

Maryland SHIP Health Action Newsletter

Friday, March 15, 2019

Announcement: SHIP Health Action Newsletter Receives 2018 All Star Award



The SHIP Health Action Newsletter has been awarded Constant Contact's 2018 All Star Award. This award recognizes the most successful 10 percent of Constant Contact's customer base, based on their significant achievements using email marketing to engage consumers and drive results for their organizations.

We want to thank you for your continued readership and support.

Webinar: Improving the Health, Safety, and Well-Being of LGBT Populations



Tuesday, March 26

The National Network of Libraries of Medicine (NLM) will host a webinar on updated health resources for lesbian, gay, bisexual, and transgender (LGBT) populations. LGBT individuals face many barriers accessing health care including discrimination, lack of access, misunderstanding, and fear. This webinar will discuss cultural competency, health information needs, and information resources for working with LGBT patients. Participants will also learn outreach strategies to engage the LGBT community.

For more information about this webinar, [click here](#).

Webinar: Basics of Youth-Centered Sexual Health Care



Wednesday, March 27

The Maryland Department of Health (MDH)'s Center for Sexually Transmitted Infections Prevention (CSTIP) will co-sponsor a free live webinar titled, "*What Providers Need to Know: The Basics of Youth-Centered Sexual Health Care.*" This webinar will address the sexual health needs of youth including the key challenges and best practices for providers to create a welcoming environment for youth in need of services.

For more information and to register for this webinar, [click here](#). Learn more about STI Prevention resources in Maryland by visiting the [MDH CSTIP here](#).

Event: Exploring Substance Use and Mental Health for Transgender Youth



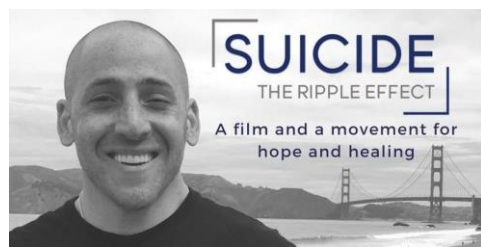
Thursday, March 28

The University of Maryland School of Nursing will host the Ann Ottney Cain Lecture in Psychiatric Mental Health Nursing. This presentation will

explore the intersection of substance use, mental health conditions, and associated health risks for transgender youth in the United States. The presenter will discuss risk factors linked to poor health outcomes including socioeconomic vulnerability, increased substance use, depression, anxiety, suicidality, self-harm, and risky sexual behaviors. As part of the discussion and implications, the presenter will provide practical recommendations for primary care providers regarding culturally appropriate, compassionate, evidence-informed practices for engaging transgender youth and their families to promote greater well-being for all youth, regardless of their gender identity.

For more information about this event, [click here](#).

Event: Screening of The Ripple Effect



Saturday, March 30

The Maryland Psychiatric Society will host a dinner and movie event featuring "*The Ripple Effect.*" This documentary focuses on the devastating effects of suicide and the tremendous positive ripple effects of advocacy, inspiration, and hope that help millions health

and stay alive. Janel Cabbage, Director of Suicide Prevention at the MDH Behavior Health Administration, will also share reflections on suicide as a public health issue and suicide prevention resources available in Maryland. Continuing education credits may be available.

For more information and to purchase tickets for this event, [click here](#). If you or someone you know is in crisis, [resources](#) are available 24/7 – By calling 211 and select option 1 or by texting your zip code to 898-211.

Opportunity: Nurse Leadership Institute



Friday, May 24

The University of Maryland School of Nursing is now accepting applications for the Nurse Leadership Institute (NLI) 2019-2020 cohort. The NLI will prepare nurse leaders to design and facilitate innovation in Maryland's health care system. Leadership depends on effective collaboration, and NLI Fellows are skilled in bringing stakeholders together to achieve desired results. All expenses and

tuition will be covered.

Applications must be submitted by Friday, May 24.

For more information and to submit an application, [click here](#).

Event: 2019 Art and Science of Health Promotion Conference



Monday April 1 - Friday, April 5

Health promotion has emerged as a cost-effective and sometimes cost-saving approach to prevent and even reverse chronic diseases while also enhancing quality of life. Registration is now open for the 2019 Art and Science of Health Promotion Conference. This year's theme will be "*Adapting to the Emerging Growth and Evolution of Health Promotion*." This conference will explore how employers, clinicians, health promotion providers and communities adapt with the emerging growth and evolution of health promotion.

For more information about this event, [click here](#).

Webinar: Older Adults and Opioids



Wednesday, April 3

The opioid epidemic is an issue of growing concern in the United States. All ages, including older adults, are affected. According to the Healthcare Cost and Utilization Project, over the last 20 years, the hospitalization rate for geriatric misuse of opioids has quintupled. The American Society on Aging will host a webinar on the impact of opioid use and misuse on

older adults. Attendees will learn more about the opioid epidemic and ways older adults can more effectively manage their medications.

For more information about this webinar, [click here](#).

Event: Social Determinants of Health Symposium



Monday, May 13

Registration is now open for the 2019 Social Determinants of Health Symposium. The Johns Hopkins Urban Health Institute will host a panel discussion to examine and discuss what success looks like in Baltimore. This symposium will also explore the current health equity efforts being made, and brainstorm solutions to help communities go beyond surviving and focus on thriving.

Early bird registration rates are available until Monday, March 25.

For more information and to register for this event, [click here](#).

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