



Maryland SHIP Health Action Newsletter

Friday, October 11, 2019



Announcement: Feedback for the Maryland Diabetes Action Plan

In Maryland, over 10 percent of the adult population has diabetes. An additional 34 percent of adults are estimated to have pre-diabetes, a condition of high blood sugar not quite high enough to be diabetes.

The Maryland Diabetes Action Plan includes details on the current burden of diabetes and the factors impacting diabetes risk. The Plan presents action steps that organizations and partners can implement to prevent and manage diabetes in Maryland.

This is a draft Plan so your feedback is encouraged.

For more information about the Maryland Diabetes Action Plan, and to provide your feedback [click here](#).

Event: Health and Housing Innovation Series

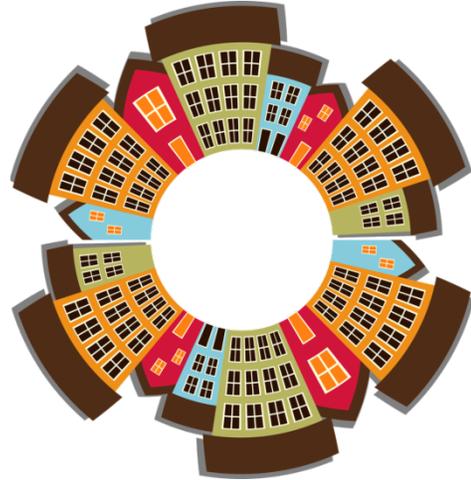
Tuesday, October 15

This fall, the Primary Care Coalition (PCC) will explore the different ways safe and stable housing affect health outcomes. This is the second part of the series on housing and health systems. Participants will learn about existing interventions at the intersection of health and housing and will discuss big ideas for integrated solutions.

The PCC supports all people in leading healthy lives by building partnerships, strengthening systems and creating collaborative programs that improve the health of vulnerable populations.

Continuing education units are available.

For more information about this event and to register, [click here](#).



Workshop: S.E.L.F. Community Conversations: A Resilience Framework for Youth and Young Adult in Communities Vulnerable to Violence



UNIVERSITY of MARYLAND
SCHOOL OF NURSING

Wednesday, October 16

The University of Maryland, Baltimore, School of Nursing will host the workshop, "*S.E.L.F. Community*

Conversations: A Resilience Framework for Youth and Young Adults in Communities Vulnerable to Violence." The workshop will explore the intersection of trauma, violence, and community resilience. Participants can expect to be engrossed in vibrant discussions to address the effects of toxic stress and complex trauma, while supporting the community resilience.

Continuing education units are available.

For more information about this workshop and to register, [click here](#).

Opportunity: Free Flu Shot

Friday, October 18

The Anne Arundel County Department of Health will hold a free flu shot clinic for everyone age 6 months and older on Friday, October 18, 2019, 8:30 a.m. – noon and 1 p.m. – 4 p.m. at the Health Services Building, 3 Harry S. Truman Parkway, in Annapolis.



For more information about this opportunity, [click here](#).

Event: Master Aging: Engage, Educate, and Inspire

Saturday, October 19

The Howard County Office of Aging and Independence will host a full day of excitement, dedicated to serving our older adults. The event includes engaging seminars, educating resources and inspiring exhibits. Attendees will have the opportunity to visit over 60 onsite exhibitors and much more. Pre-registration is requested for this event.



For more information about this event and to register, [click here](#).

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