



Maryland SHIP Health Action Newsletter

Friday, December 6, 2019



Resource: Maryland Department of Health releases first statewide Diabetes Action Plan

The Maryland Department of Health released its first Diabetes Action Plan, which includes intervention strategies for health care providers, stakeholders and individuals to help reduce the burden of diabetes in Maryland. This innovative plan promotes greater

coordination to enhance quality of life for Marylanders living with diabetes and ultimately to decrease the prevalence of this disease in our state.

Diabetes is a chronic disease occurring when a person's blood glucose level is too high due to the body's inability to properly absorb glucose. Prediabetes refers to the condition in which blood sugar levels are higher than normal, but not high enough to be diabetes. Diabetes often leads to other diseases and serious disabilities. The Diabetes Action plan is a roadmap for both preventing and managing diabetes. It includes specifics for state agencies, hospitals, physicians, schools, local governments, community-based organizations and individuals.

UPDATE: The previous issue of our newsletter stated that the draft Diabetes Action Plan was available for comment. The comment period closed on Nov. 7. To view the final Diabetes Action Plan, [click here](#).



Webcast Event: 1619-2019: Confronting the Legacy of Slavery for Health Equity

Wednesday, Dec. 11

The Johns Hopkins Bloomberg School of Public Health will host a forum to examine the complex

history of slavery and its impact on health equity in Baltimore and the United States.

The event is co-hosted by the Center for Health Equity and Urban Health Institute at Johns Hopkins University.

The forum will feature an interdisciplinary panel of speakers to discuss the historical legacy of slavery for health equity and how Baltimore has been impacted.

The webcast will begin at 3:00 p.m.

For more information about this event, [click here](#).

Event: Rural Health Summit: Investing in Resiliency, Collaboration, and Innovation

Thursday, Dec. 12

The Rural Maryland Council will host its biennial summit *Rural Maryland Rising: Investing in Resiliency, Collaboration, and Innovation*. This one-day conference will cover agriculture, forestry, community development, economic development and health care. Speakers include secretaries of Maryland departments as well as a panel of state legislators.



There is a fee for this event.

For more information about this event and to register, [click here](#).

Webinar: Health Equity - Lesson from Abroad



Thursday, Dec. 12

The National Academies of Science, Engineering, and Medicine will host the *Health Equity: Lessons from Abroad* webinar. Participants can gain a wealth of information on population health improvement specifically focused on health equity policies and health inequalities from Dr. Tim Doran, Professor of Health Policy at the University

of York in England.

Dr. Doran will discuss how health equity is conceptualized in England and operationalized through its leading health institutions. He will illustrate health inequalities in England using the example of regional variations in mortality from 1965 to 2015 and discuss innovative approaches to reducing inequalities being introduced across the health and social care systems.

For more information about this webinar, [click here](#).

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